# Eye Pillow with Lavender

**Instructions No. 2216**

Difficulty: Advanced

Working time: 2 Hours

Take a **break** from everyday stress and enjoy the **soothing scent of lavender**. Lavender calms the nerves and lets you switch off. Our **lavender eye pillow** is easy to sew and gives you a good feeling. Ideal for **meditation**, **relaxation** and **yoga exercises**. For example, how about giving your loved ones this fragrant cushion as a gift?




## This is how the cushion is designed:

1. Cut a **strip of fabric** 50 x 10 cm. Fold the long side of the strip in the middle so that you can see where you want to place the plotter design.
2. Plot the pattern from the iron-on foil by opening the **plotter pattern** in your **Silhouette Studio**. Place the **iron-on foil** on the mat so that the back (white side) is facing up. Start the plotting process. Apply the motifs to the fabric according to the manufacturer's instructions.

3. Fold the strip in the middle on the long side so that the lettering is on the inside. Then close the cushion except for a turning opening with a straight stitch, allowing for a seam allowance of approx. 0.5cm.
4. Turn over and fill with flowers.
5. Now fold the seam allowance inwards and topstitch the two long sides of the cushion with a straight stitch. Decorate this in a contrasting colour. This also automatically closes the turning opening.
6. Now you can put the cushion on and take a deep breath. We wish you a **wonderful rest**.

## Must Have



### Lavender blossoms

Weight: 50 g
Material: Natural material

**77,19 Kč** (1 kg = 1.543,80 Kč)

Item details

Quantity: - 1 + Add to cart

## Article information:

| Article number | Article name | Qty |
|---|---|---|
| 387217 | Cotton fabric "Uni"Lavender | 1 |
| 430463 | Lavender blossoms | 1 |
| 30503 | Silhouette CAMEO 5 Alpha "Glossy White" | 1 |