

# Journal Planner self-designed

Instructions No. 1587

Difficulty: Beginner 



## What is journaling?

Journaling can be described as a type of diary recording/daily notes. Here you can give free rein to your creativity: true to the motto "everything can, nothing must"

It's about creating your individual planner, diary, travel books or notebook with Paper and pen and filling it with experiences

You can also decorate it with stickers, notes, templates, registers, scribbles, pictures, to-do lists and much more.



In our example we show you a planner that can be designed throughout the year

**And the ingenious** thing is that you don't have only the whole year round a wonderful planner to help you with your appointments, but you also have everything at a glance such as shopping lists, holiday plans and notes  
And at the end of the year you have created a work of art!

## Get started with your journal

The first thing you should do is fill your planner with the sheets that are important to you. Available are yearly overviews, monthly and weekly overviews, registers, notepads and adhesive registers.

Now you can plan the different days and weeks. It is best to start with the week that is current at the moment. Enter appointments and tasks for the respective days. You can also add to-do lists.

Every day you will of course have the opportunity to take in what you have experienced, questions that concern you and much more. The beauty of journaling is that it allows for a very individual design. You can add pictures, drawings, any kind of embellishments, lists, birthdays and much more.

**Every journal is different and as individual as you are!**

In our example, after inserting the overview sheets, we attached the glue registers and then embellished the planner with the help of the templates and Washi Tape.

Would you like to learn how to write words and texts in a particularly beautiful way for your journal projects? Then have a look at our [Handlettering category](#).



## Article information:

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