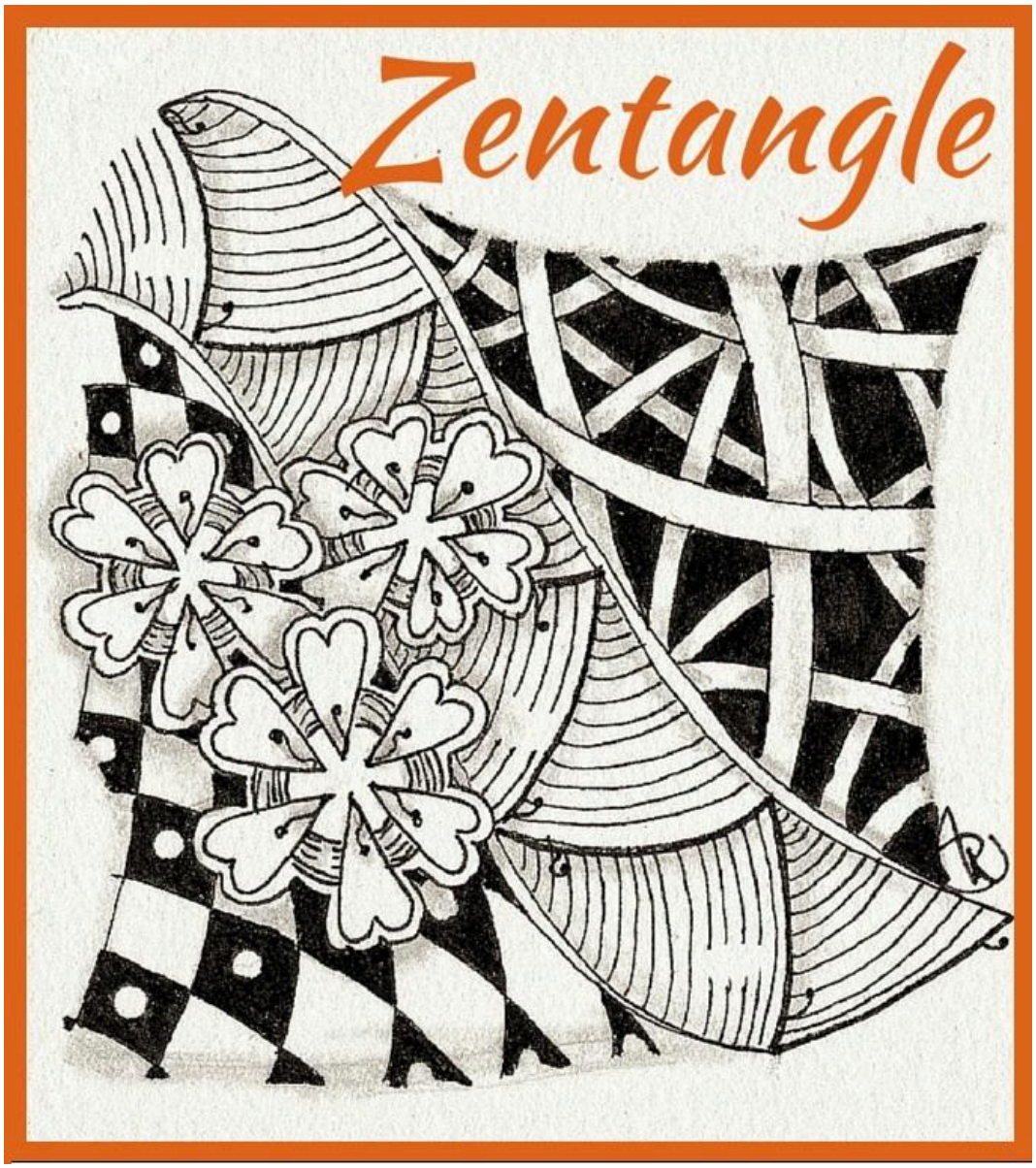
Zentangle drawing technique

Instructions No. 3394

Difficulty: Beginner

Zentangle: relaxation through creative drawing

Zentangle is a meditative method that not only masters the pleasure of the pencil, but is also ideal for beginners. You don't need any drawing skills to get started with Zentangle. In these instructions, you will learn everything you need to know about this relaxing technique and how to use it yourself. Maybe Zentangle will become your new creative favorite?



What is Zentangle?

Zen is a term that is often used in connection with meditation and tranquillity. But what does it have to do with

drawing? Zentangle combines "Zen", i.e. meditative contemplation, with "tangle", which means clutter or confusion. This special drawing technique is suitable for promoting relaxation and creativity without worrying about technical perfection.

The Zentangle method

Zentangle is like drawing to relax. You may know the feeling of being absorbed in doodling during a phone call or other everyday situations. This relaxed but focused drawing is the Zen aspect of Zentangle. The patterns you create are tangles - abstract, intricate lines. Zentangle requires no special skills, but offers space for relaxation and fun. Existing books and templates will help you to find creative ideas for your Zentangle. The variety of patterns gives the method structure so that it can be used by beginners and experienced artists alike.

How do I draw a Zentangle?



Zentangles are typically drawn on small tiles. These tiles are made of thick artist paper so that fineliners won't show through later. The process begins with sketching with a pencil. Rulers and erasers are usually taboo, as the natural imperfection gives each Zentangle its own special touch. If you still want to make corrections, kneaded erasers are a clean and flexible solution. They also help to create shadows and depth for added texture.

First sketch your Zentangle lightly with a pencil. Then go over it with a fineliners for Zentangle - these are artist pencils with a thin, highly pigmented ink, ideal for clean tracing. Finally, you can add color to your Zentangle with colored pencils. You can add even more variety with black tiles that you can decorate with white pens.

You can also discover the Zentangle mug template from our online store on this topic.



Conclusion

The Zentangle method is easy to learn and ideal for transforming everyday doodles into structured works of art. The creative meditation offers a wonderful opportunity for relaxation for all craft enthusiasts. The high-quality pens can be used not only only for Zentangle, but also for other creative projects - be it for cards, collages or free drawings. Zentangle is a personal experience and should primarily be used for your own relaxation. The books are a great source of inspiration for developing new patterns and techniques.

Are you ready to start Zentangle? Visit our online store to purchase the necessary materials and start your creative adventure today!

Must Have



Zentangle Fineliners Set of 3

Auftrocknung: , Trocknungszeit:

257,89 Kč

Item details

Quantity: - 1 + Add to cart

Article information:

Article number	Article name	Qty
761277	Zentangle Fineliners Set of 3	1
20628	FABER-CASTELL Graphie pencils "Jumbo Grip"B	1
852364	Eraser plasticine, set of 2	1
23236	Sakura Manga paper, 20 sheets, 250 g/m²DIN A5	1